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Diplomates of the
American Board of Urology

CMG

IMPORTANT PLEASE READ COMPLETELY

WHAT IS IT?

A CMG or Cystometrogram is a test to evaluate the response of your bladder while it is being filled with water.

WHAT WILL HAPPEN?

When you arrive for appointment, you will be asked to disrobe from the waist down. You will be seated on a special exam table with your feet resting in stirrups.

The nurse will insert a small catheter into your rectum to measure muscle movement in the abdominal and rectal areas. There will also be a catheter inserted into your bladder to fill in with water. After your bladder is full you will be asked to urinate in privacy.

HOW LONG WILL IT TAKE?

You can expect to be in the office for approximately 30-45 minutes.

HOW DO I PREPARE FOR THIS TEST?

You may eat a normal diet the day of your test. Please be prepared to give a urine sample at the time of arrival.

IF YOU HAVE ANY QUESTIONS PLEASE CONTACT OUR OFFICE.

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