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Diplomates of the
American Board of Urology

Post-Operative Instructions for Anti-Incontinence Surgery

IMPORTANT PLEASE READ CAREFULLY

1. No heavy lifting or exertion. Showers are permitted. Do not go under water (bathing, swimming, or hot tub).
2. Take you antibiotic as prescribed. Your pain pills (Lortab, Percocet, or Darvocet N-100) are to be taken only as needed.
3. Call the office for pain not controlled by the medication, fever, or severe burning on urination.
4. If you were left with a tube coming out of the lower abdominal area, you will need to empty your bladder from this tube after you urinate and record the amount. If you have trouble urinating or do not feel that you empty completely, then just empty the tube as needed.

Someone from our staff will call you the next business day during office hours to check on your condition and to schedule your follow up appointment. If you have not been contacted within this time frame, please call our office as soon as possible.

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