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Diplomates of the
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POST OPERATIVE INSTRUCTIONS AFTER INDIGO LASER PROCEDURE

IMPORTANT PLEASE READ CAREFULLY!

1. You will be going home with a catheter. It will be removed next week.
2. It is normal for you to see blood in your urine, stools, and semen. It may last a couple days, sometimes lasting 6-8 wks off and on. Drink plenty of water to flush your system.
3. You have a prescription for antibiotics that you will continue to take until they are all gone.
4. Pain meds are to be taken every 4-6 hrs for pain.
5. You may take showers.
6. You may do as much as you can tolerate, there are no restrictions.
7. You may also experience bladder spasms which are also normal. (Urine may leak around catheter for first few days.)

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