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Diplomates of the  
American Board of Urology

## **POST OPERATIVE INSTRUCTIONS FOR TUNA PROCEDURE**

**IMPORTANT PLEASE READ CAREFULLY!**

1. It is normal to have some burning or frequent urination after this procedure. Pyridium (Phenazopyridine) or Procead EC taken as directed should help with this. It normally turns the urine orange or blue. If this hasn't been prescribed or you run out of the medicine, contact our office so that we can call your pharmacy.
2. If you have more than a little blood in your urine or on your undergarments, call the doctor. We advise no heavy lifting, exertion, or sexual activity for 1-2 weeks after this procedure. If constipation is experienced, a laxative of your choice and/or stool softener is highly recommended.
3. If antibiotics were prescribed, take as directed. Call the doctor for fever, chills, or any unusual pain in the abdomen, back, or genitals.
4. If a foley catheter was left in your bladder, it is normal to have some pain or discomfort in your abdomen or genitals. Take the pain pills (Lortab, Percocet, Darvocet N-100) as prescribed. If this doesn't control your discomfort, call the doctor.

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