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Diplomates of the
American Board of Urology

INSTRUCTIONS YOU MUST FOLLOW PRIOR TO TUMT

IMPORTANT! PLEASE READ COMPLETELY

1. **STOP ALL** aspirin, aspirin by-products, and non-steroidal anti-inflammatory drugs and herbal medications seven days to surgery.
2. **MUST** start antibiotic one day before the procedure date, you will need to take medication until all is finished.
3. **TAKE** Ativan one hour prior to procedure.
4. **TAKE** a Fleets Saline Enema (3) hours prior to the procedure scheduled time. This may be purchased over the counter at most drug stores.
5. **There** is no need to fast for the procedure. Please eat a light meal prior to your appointment.
6. **PLEASE NOTIFY** our office if you are currently taking any blood thinning medications.
7. You will need someone to drive you both to your appointment and home afterward.

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