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Diplomates of the
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INSTRUCTIONS YOU MUST FOLLOW PRIOR TO PROSTATE BIOPSY

IMPORTANT! PLEASE READ COMPLETELY

1. STOP ALL aspirin, aspirin by products, and non-steroidal anti-inflammatory drugs five to seven days to the procedure.
2. TAKE one antibiotic the morning of the procedure, the Levaquin tablet, which is attached to this sheet.
3. TAKE a Fleets Saline Enema four (4) hours prior to the procedure scheduled time. This may be purchased over the counter at most drug stores.
4. There is not a need to fast for the procedure. Please eat a light meal prior to your appointment.
5. PLEASE NOTIFY our office if you are currently taking any blood thinning medications.

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PROSTATE ULTRASOUND WITH BIOPSY

IMPORTANT PLEASE READ COMPLETELY

WHAT IS IT?

Inserting a probe into the rectum does an ultrasound of the prostate gland. If necessary, a biopsy can be done while the probe is still in the rectum.

WHAT WILL HAPPEN?

When you arrive for your appointment you will be asked to disrobe from the waist down. You will then be asked to lie on your left side on the exam table.

HOW DO I PREPARE FOR THIS TEST?

Follow the instruction sheet given to you. If you did not receive one, please ask for one.

DOES IT HURT?

The doctor will put some numbing ointment into the rectum prior to inserting the probe. When the doctor inserts the probe, it will feel similar to a rectal exam.

If the doctor decides to take a biopsy, an instrument can be put directly in the probe to take a tissue sample. You will hear a small popping sound and feel a pinch as the biopsy is being taken. It is extremely important to remain very still during the procedure.

After the procedure you will receive written instructions about what to do next. Small amounts of blood in your urine, stool, and/or semen might occur intermittently for several weeks following the biopsy. This is normal until the tissue inside heals completely.

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